Make a Timepiece: Incense Clock

Background: The ancient Chinese developed a timepiece that told time by the burning of incense. The steady smoldering of an incense stick provides the periodic “motion” of the clock. As the stick slowly burns, the heat breaks weighted threads set at regular intervals across the incense. The distance between each thread corresponds to a specific length of time. Time can be told by adding up the amount of threads that have broken.

Materials:
- A foil bread pan
- Gravel
- 12 pieces of thread
- 12 small metal weights or washers
- 2 sticks of incense of approximately the same size
- Ruler
- Pen
- Kitchen tongs
- Matches
- Watch

Instructions:
1. Divide the pieces of thread into two groups of six. Tie a washer or weight to each end of six pieces of thread.
2. Fill the bread pan almost to the top with gravel.
3. With a ruler, measure six equal distances along the length of the incense sticks and lightly mark them with a pen.
4. Lay a stick of incense on top of and in the middle of the gravel.
5. Lay the pieces of thread across the width of the pan so that they cross just above the incense at the six marks on it. Make sure that the weights attached to the thread hang equally over each side of the pan, but do not touch the surface under the pan.
6. With an adult’s assistance light the incense with a match. Allow it to burn with a flame for about 30 seconds. Blow out the flame and allow the stick to smolder.
7. Check the time on a watch each instance that a thread is broken. Determine how much time has passed between threads.
8. When the stick is burnt out, remove it with tongs and tie the weights to then ends of the other six pieces of thread. Repeat the activity and see if your results are the same.